



**FOREST FLYER FIVE**  
**FRIDAY 27 AUGUST 2010**  
**7PM START @ HALDON FOREST PARK**  
**ENTRY FORM**

Approx 5 miles of forest tracks, paths and fire roads in the beautiful Haldon Forest Park, Exeter. Entrants must be over 16 years old. No dogs or bikes allowed on the course.

Race Licence Applied for \_\_\_\_\_ Held under UK Athletics rules

Name \_\_\_\_\_

Address \_\_\_\_\_

Postcode \_\_\_\_\_ Telephone \_\_\_\_\_

email \_\_\_\_\_

Male  Female  Date of birth \_\_\_\_\_

Affiliated Club \_\_\_\_\_ Non Affiliated

UKA Affiliation Number \_\_\_\_\_

I declare that I am medically fit. I enter at my own risk and will not hold the organisers responsible for any injury, loss or damage.

Signed \_\_\_\_\_ Date \_\_\_\_\_

ENTRY FEE £8.00

Discounted Entry fee for EA/UKA Competition Licence Holders £6.00   
Full entry fee to be paid if no EA/UKA Competition Licence Number supplied

ENTRIES ON THE DAY £2.00 EXTRA - ENTRY LIMIT 200  
Medal to all finishers Prize for 1<sup>st</sup> Male and 1<sup>st</sup> Female

Please send completed form with s.a.e. and cheque payable to Dawlish Coasters to  
Race Secretary David Moreland, 2 Cavendish Close, Dawlish, Devon EX7 9ED  
with kind permission of



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